



## Pune Vidarthi Griha's College of Science, Pune -09

PVGCOS

NAAC

7.2.1

2022-23

### Best Practices 1) Use of ICT

**The Context:** The use of ICT by College has positive impact on learning experience.

**The Practice:**

- **Enhanced Learning Experience:** We transform traditional classrooms into dynamic and interactive learning environments by using digital smart board to share resources, multimedia presentations, and online learning platforms. This engages our students more effectively, including the use of e-books, interactive simulations, and video lectures etc.
- **Online Learning Management Systems (LMS):** We implement a robust LMS like Google Classroom to facilitate course management, content delivery, grading, and student collaboration, ensuring efficiency in course administration and assessment.
- **Virtual Classrooms:** We use video conferencing tools such as Zoom and Google Meet to conduct virtual classes, providing synchronous learning opportunities for our students to participate remotely, especially during remote learning situations.
- **Digital Libraries and Resources:** We establish digital libraries, offering our students 24/7 access to e-books, journals, research papers, and other resources, enriching their learning experience and research capabilities.
- **Assessment and Grading Automation:** We automate grading processes, ensuring consistency and saving our instructors' time. Online quizzes, tests, and assignments are automatically graded, with digital feedback provided.
- **Remote Access to Labs:** We offer remote access to student login from any labs, enabling our students to perform practicals from any Lab. This is especially valuable for fields requiring laboratory work.
- **Security and Privacy Measures:** We have robust security and privacy measures in place to safeguard our students' and faculty members' data, including strong password policies, compliance with data protection regulations.
- **Professional Development:** We offer training and support for our faculty and staff to enhance their ICT skills, ensuring they can effectively integrate technology into teaching methods, improving overall instruction.

- **Administrative Efficiency:** We use ICT to streamline administrative tasks such as student registration, fee payment, and enhancing the efficiency of our college operations.
- **Feedback and Evaluation:** We collect feedback from our students through online surveys to help improve our teaching methods, course content, and the overall learning experience, ensuring continuous quality improvement.

Supporting Links:

<https://pvgcosc.ac.in/wp-content/uploads/2023/10/BestPract1Proof.pdf>

## **Best Practices 2) Women Empowerment:**

**The Context:** "Feminine Fest" is organized in our college from 27 sept 2022 to 4 Oct 2022 on occasion of "Navaratri" as part of a women empowerment program. This event aims to promote gender equality, raise awareness about women's mental and physical issues, and empower female students in various ways. Here's a description of how we had celebrated this fest in our college:

### **The Practice:**

We have formed organizing Committee of students, faculty, and staff members to plan and execute the Feminine Fest. This committee ensures that the event aligns with the college's goals and values regarding women's empowerment.

In this fest, we have chosen a specific theme related to women's empowerment. This theme guided the activities and discussions during the event.

Event Activities are as follows:

**Zumba and Yoga session for girls:** Due to the fact that both Zumba and yoga are great types of exercise that enhance balance, flexibility, strength, and cardiovascular fitness. Because of the decrease in tension and anxiety in our students, mindfulness and relaxation are experienced by them.

**Women's empowerment session:** During this lecture, our guest advocate Smita Joshi madam discussed women's rights and offered advice to youngsters on their mental health and wellbeing. Through these seminars, many students had their questions answered.

**Mental Health Awareness Session:** This session on mental health awareness was led by Mrs. Mugdha Pandit. She guide us on the fundamental sound of the universe is (OM), so by chanting it, we symbolically and physically acknowledged our connection to nature and all other living things. It also helped to relax our bodies, calm our nervous systems, and clear our minds.

**Debate and Essay Writing Competition:** We have organized debate and essay writing competition on topic: **“Are women and men treated equally in society?”** many students participated to express their views and thoughts in debate and essay competition.

**Self Defense training Program:** Under this Program, Self-defense trainer Miss Sneha Bhat madam guided all the girls about how to protect ourselves from physical harm in various situations, such as street attacks, robberies, or assaults.

**Sexual Harassment Acts & Grievance Redressal:** In this presentation, Advocate Seema Shelke Madam teaches us about sexual harassment and how to stop it by enacting laws that call for the creation of grievance redressal systems.

**Bhondla & Dandiya:** All of the female students took part in this activity by creating a circle, singing traditional folk songs, and doing easy dance steps.

Supporting Links:

**<https://pvgcosc.ac.in/wp-content/uploads/2023/10/BestPract2Proof.pdf>**